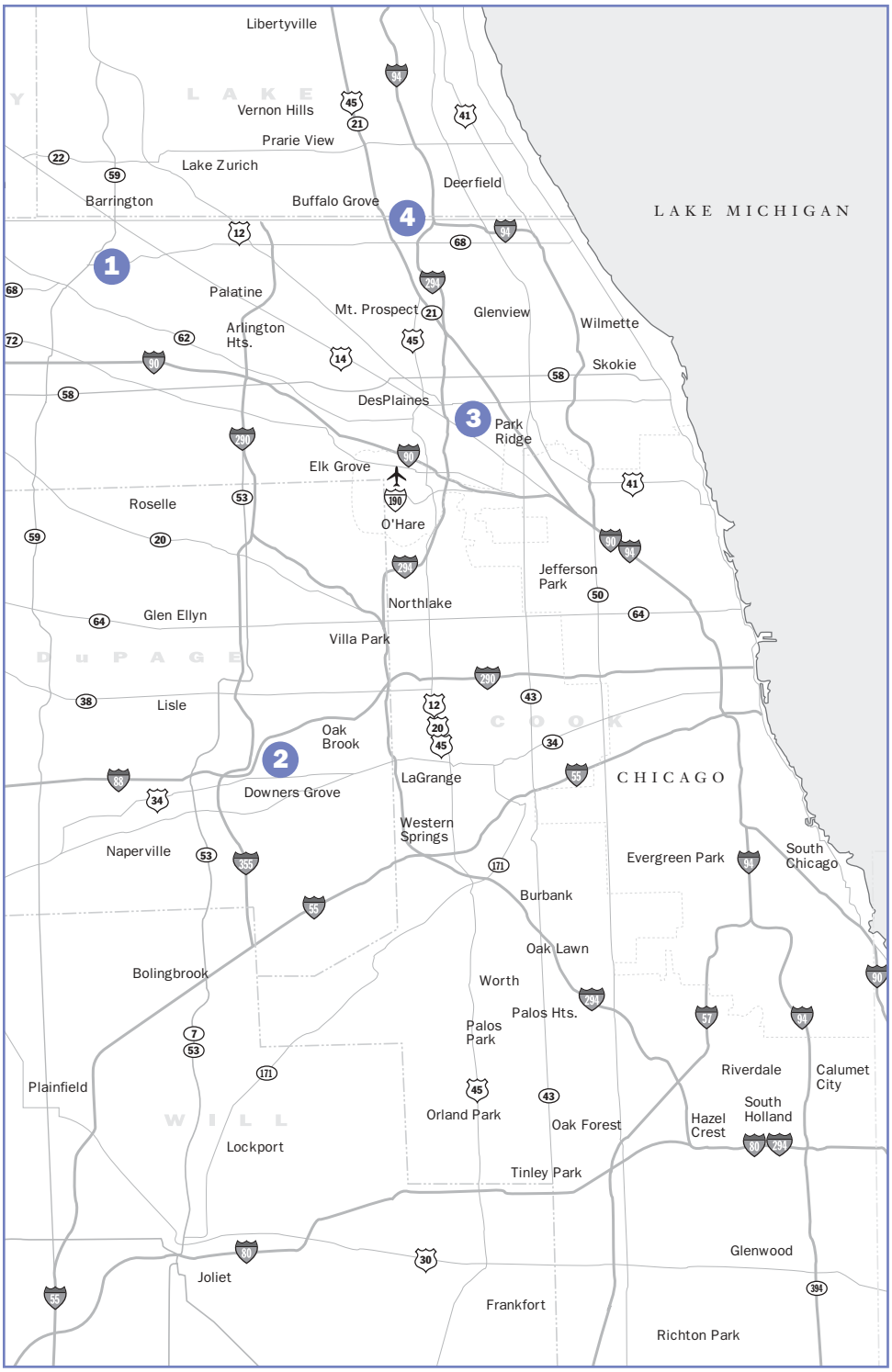
Fitness Centers

Our Locations



1. **Good Shepherd Hospital Health & Fitness Center**
   1301 S. Barrington Road
   Barrington, IL 60010
   Mon.-Fri. 5 a.m. to 10 p.m.
   Sat.-Sun. 7 a.m. to 6 p.m.

2. **Good Samaritan Health and Wellness Center**
   3551 Highland Avenue
   Downers Grove, IL 60515
   Mon.-Fri. 5 a.m. to 10 p.m.
   Sat.-Sun. 6 a.m. to 6 p.m.

3. **Advocate Lutheran General Fitness Center**
   1875 Dempster Street, Suite G01
   Park Ridge, IL 60068
   Mon.-Thurs. 5:30 a.m. to 9 p.m.
   Fri. 5:30 a.m. to 7 p.m.
   Sat. 7 a.m. to 5 p.m.

4. **Parkway Athletic Club**
   Five Parkway North
   Deerfield, IL 60015
   Mon.-Thurs. 5:30 a.m. to 9 p.m.
   Fri. 5:30 a.m. to 7 p.m.
   Sat.-Sun. 8 a.m. to 2 p.m.

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