

When life gets you down, we're here to help you get back up.

**For more
information or
to talk to an EAP
counselor, call
800-236-3231.**

Our Employee Assistance Program (EAP) is not only here 24/7 to help you navigate life's ups and downs, but...



It's totally free



It's easily accessible



It's 100% confidential



Advocate Health Care®



Aurora Health Care®

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