

Resources about Bullying - For Parents

Websites:

www.stopbullying.gov

Provides information about bullying and prevention/intervention strategies for parents, children, teachers, other school staff, and health and safety professionals. Features a resource kit with tips and facts. Includes web episodes and games for children, an activities guide, a video toolkit, and video workshops. Presents an extensive and searchable database of resources on bullying prevention. Sponsored by the U.S. Department of Health & Human Services, Health Resources & Services Administration (HRSA).

actagainstviolence.apa.org

ACT - Adults and Children Together Against Violence

Provides audio, video, and training materials for adults to use to teach young children (ages 0 to 8) nonviolent problem-solving. Includes an extensive and searchable database of publications on violence prevention for children. Developed by the American Psychological Association and the National Association for the Education of Young Children.

www.eyesonbullying.org

Provides a multimedia program to prepare parents and caregivers to prevent bullying in children's lives. Features the 'Eyes on Bullying Toolkit' with insights, strategies, skills-building activities, and resources. Designed especially for adults to use with children and youth in homes, child care centers, afterschool and youth programs. Sponsored by the IBM Global Work/Life Fund.

www.pacerkidsagainstbullying.org & www.pacerteensagainstbullying.org

PACER National Center for Bullying Prevention

Provides resources for adults about bullying, with a special focus on children with disabilities. Includes information on Bullying Prevention Awareness Week, an animated site for elementary school students, and a sample template letter for parents to notify the school of bullying. Pacer is the Minnesota Parent Training and Information Center, funded by the U.S. Department of Education's Office of Special Education Programs.

www.bullyfree.com

Provides evidence-based information and helpful tips and resources for parents, students, teachers and counselors. It also features assertiveness strategies for bullied students and bystanders, general facts about bullying, cyber bullying & workplace bullying and provides information via workshops, presentations, and web resources. This website and program was developed by Allan Beane, PhD whose son-Curtis was victimized by bullying.

www.samhsa.gov

The Substance Abuse and Mental Health Services Administration

Provides information about the Bullying Prevention Campaign – '15+ Make Time to Listen' which encourages parents and caregivers to spend at least 15 minutes a day listening and talking with their children to prevent youth violence, 'Conversation Starter Cards' which provide interactive questions to start conversations with children about bullying and bullying prevention, and the 'Take Action Against Bullying' free brochure designed to increase parents' and caregivers' awareness of bullying among children and discuss what bullying is, how to recognize children who are victims or perpetrators of bullying, and how individuals and school programs can prevent bullying.

Books for Kids:

- **Preschool** (Male/Female): "The Juice Box Bully - Empowering Kids to Stand Up for Others" by Sornson & Dismondy.
- **Elementary** (M): "Jake Drake – Bully Buster" by Clements.
- **Elementary** (F): "Stand Up for Yourself and Your Friends - Dealing with Bullies and Bossiness and Finding a Better Way" by Kelley-Criswell & Martini.
- **High school** (M/F): "Dear Bully: Seventy Authors Tell Their Stories" edited by Kelley- Hall & Jones.
- **High school** (M/F): "Everybody Sees the Ants" by King