



Employee Assistance Program

Our unique **Employee Assistance Program (EAP)** takes a holistic approach to issues related to work and family. We offer confidential, cost-effective services and make it easy for your employees to connect with the right resources, wherever they live.

Employee Services

- Confidential counseling by phone, video or in person
- Help with stress management, family and relationship issues, substance abuse, grief counseling and more
- Work-life balance services such as legal and financial consultations; information and referrals for elder care, child care and adoption; and K-12 and higher education resources

Employer Services

- Mental health wellness programs
- Drug and alcohol programs
- Training opportunities
- Crisis Response Services
- Leadership Consultation and Development

Our EAP is available nationwide and offers:

- 24-hour counselor access
- 1-3 to 1-6 session models
- Care coordination
- Financial health consultations
- Elder care referrals
- Legal consultations
- Management consultations
- Supervisor or union steward trainings
- Program promotion materials
- Utilization reports
- Quality assurance evaluations



Student and Family Assistance Program

The Student and Family Assistance Program (offered in the Midwest regions only) provides traditional EAP services for families in their local school districts. Participating districts see the value in helping families so their children can focus on learning opportunities at school.

Services include:

- Confidential counseling by phone, video or in person
- Behavior change modules for students
- Work-life balance issues
- University student assistance program

 **Why choose us?**

- 95% customer satisfaction score
- Competitive pricing
- Flexibility to build customized packages
- One contact number for customer ease
- Superior customer service:
 - Our services are provided by live counselors

SOLUTIONS for employers



Learn how we can work with you.

AdvocateHealthSolutions.org